TO BE PUBLISHED ON 6th OCTOBER, 1984

ALL IN THE END IS HARVEST

An anthology for those who grieve

Edited by AGNES WHITAKER

Foreword by Sue MacGregor

Introduction by Colin Murray Parkes

In their despair, many grieving people turn for guidance to great writers and poets who pondered on death and the meaning of life. Also our generation, newly accustomed to good psychiatric literature, looks around to see what the experts have written about grief.

This book tries to respond to both these ways of searching. The expertise of the whole CRUSE organisation has been tapped to provide extracts of prose and poetry that are known to have been of real help to bereaved people. Many of CRUSE's 3,000 voluntary counsellors and workers have sent contributions, as have members from their 97 branches around the country. Agnes Whitaker has edited them, added her own contribution and written many personal comments to bring the extracts close to the experience of every grieving person. There is an extended introduction by Dr. Colin Murray Parkes on literature and bereavement.

It is not a book to be read all at once. Agnes Whitaker hopes it may become a bedside book, to be dipped into when sleep does not come, when concentration is poor, and when there is an overwhelming sense of loss.

Agnes Whitaker is a freelance journalist, the Editor of Cruse Chronicle and production editor of Bereavement Care. She has been a regular feature writer for The Times and has contributed to Good Housekeeping and other magazines.

£3.95

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From:

LIBBY INSALL
Cruse Counsellor
Twickenham, Richmond & Barnes branch

When I was in Boston, U.S.A., I went to visit a helping agency called Omega which in some ways was very similar in aims and organisat'on to Cruse.

But they had one service to offer which we have not covered in this country, at least in my experience. This was a fortnightly meeting organised by the professional counsel ors to help the relatives and close friends left by suicide. The pain and distress which a husband or wife feels after suicide is blacker and more difficult to dispel or comfort, perhaps, than any other form of loss. Society sti'l reacts with taboo to suicide and the family is bound to feel rejected, lonely and guilty that they could not help.

The impact of suicide carries very wide —friends, workmates as well as family can feel the guilt of failure. The mourning process does not seem to dispel the feeling of guilt and failure for years. So the group in Bos'on is open to anyone who has had this experience however long ago, recognising that depression and grief symptoms can continue to recur after suicide.

Have your readers any opinions on this? Would the idea help i.e. if such a group were founded in Britain, or are we too shy and diffident for this American idea to work?

How can we best help after suicide?

We should welcome comments on this letter—Ed.

From:

JANE REARDON
S.E. Area Organiser, Cruse

I very much enjoyed and appreciated the article in the last issue of **Bereavement Care** by Agnes Wilkinson and found what she had to say very valid and thought provoking.

It did, however, raise one issue as far as I am concerned, and that is the use of the word 'coun sellee'. Am I alone in the dis'ike of the word? To me, a logical conclusion of the use of such a word is that we shall soon be using the word murderee for someone who is the recipient of a murderer's act.

I have a dis'ike of such 'jargon' words and although I do appreciate the need for a kind of shorthand amongst professionals in any specialist area I am always concerned that its use will eventally extend beyond the profes:ional field. If this were to happen then I fear that for 'ordinary' mortals, who are only beginning to come to terms with the word 'counselling', to have to accept the idea that they are a 'counsellee' may turn them away, possibly at a time of great need.

Is there a word to replace 'counsellee'; should we endeavour to simply stay with the word 'c'ient' or am I oversensitive?

I would welcome any suggestions from your readers.

We are constantly agonising about what word to use and should be grateful for suggestions—Ed.

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Tory party patron, now Deputy Speaker. Members from both Houses attended the opening ceremony on 3rd April, when Lord Glenarthur, Parliamentary Under-Secretary at the DHSS, spoke in appreciation of Cruse's work.

CRUSE ACADEMIC PAPERS

Cruse Academic Papers are available at £1 each (inc. p&p) from Cruse House:

SUICIDE

Academic Papers No. 1 comprises a reprint of the article on The Risk of Suicide following Bereavement by Dr. C. Murray Parkes (originally published in *Bereavement Care*, Vol. I, No. 1), together with A Review of the Literature on Bereavement following Suicide by Dr. S. Henley.

SUPERVISION

Academic Papers No. 2 is a reprint of the article on Supervision and Consultant Care —Counselling the Counsellors by Gill Parker, Family Therapist, from *Bereavement Care*, Vol. I, No. 2.

CRUSE BADGES

We have small metal lapel badges for sale, featuring the Cruse logo design. The badges are about ½ inch across, in red, blue & silver, with a brooch pin behind. Send 75p to Cruse House, 126 Sheen Road, Richmond, Surrey.

BEREAVEMENT CARE is published for all Cruse workers and others who wish to deepen their understanding of bereavement. It is sold subject to the condition that it shall not be lent, re-sold, reproduced in part or in entirety, hired out or otherwise circulated without the publisher's consent.

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