30p

Bereavement Care

for all who help the bereaved

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Experiential learning forms main part of reshaped *cruse* course

CRUSE'S ANNUAL COURSE FOR PROFESS-ional workers with the dying and bereaved has been reshaped with emphasis placed on helping participants to enlarge their counselling skills and so make better use of their knowledge of grief and loss.

The traditional Cruse course - 10 sessions each comprising a lecture on an aspect of bereavement followed by group discussion - will be replaced by twelve sessions in which experiential exercises, use of video and small group discussions dominate.

Only three sessions will contain lectures - by Dr. Colin Murray Parkes, MD, FRCPsych, senior lecturer in psychiatry at The London Hospital Medical College and Chairman of Cruse, on the theory of grief and loss; Dr. Dora Black, MB., FRCPsych, DPM, consultant child psychiatrist, Edgware General Hospital and chairman of the Cruse Training Committee, on bereaved children; and Derek Nuttall, Cruse Director, on resources, support and work of Cruse.

BEFORE AND AFTER LOSS

Dr. Black comments: "When we start-ed our annual course in London in 1973 few people in the caring professions received any training in helping bereaved people and knowledge about how to teach counselling was in its infancy.

"Cruse's special experience in be-reavement counselling has led us to offer professionals a new course which builds on the knowledge now more readily available to them and aims specifically to increase counselling skills."

The course chairman will be Susan Le Poidevin, former bereavement research psychologist at St. Christopher's Hospice. She will take nine sessions based on a model of bereavement rehabilitation counselling before and after loss which she devised at St. Christopher's.

The model is based on an integra-tion between healthy resolution of grief in the mental, physical, emotional, behavioural, social/cultural and practical spheres, and specific counselling skills.

Participants will examine changes in adjustment to a loss over a period of time and the intervention that is appropriate before a death, around the time of the death and after a loss. An assessment of risk will be included to attempt to identify families in greatest need of help.

ONE THIRD SUBSIDY

The course will be held at the Institute of Family Therapy, New Cavendish Street, London W1 on Mondays from January 10 to March 28, 1983, from 3.30 to 6.45 pm. Cost £96.

Those working in Cruse Branches receive a subsidy of one third. Brochure and application form from Cruse House.

GRIEF AFTER VIOLENCE - new details of special conference

Experts from Israel, the United States, Sweden and Northern Ireland will be among lecturers and group discussion leaders at Cruse's international conference on Bereavement Following Violence, to be held in London on September 5 and 6, 1983. There will be four plenary sessions and two group discussions each catering for twenty groups. Themes will include: guilt and grief after causing violent death; bereaved children in war; suicide; community disasters; murder within the family; accidental death involving an individual; the killer's experience of grief; breaking news after violent death; death, grief and the media; religious responses. Cost of course £21. Application forms from Cruse House.

OUR NEW LOGO

(See back page)

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