Cruse News

Cruse, the National Organisation for the Widowed & their Children

Offers a counselling service of emotional and practical help in bereavement. There are now 125 Branches of Cruse in Great Britain and national membership serves those living beyond the reach of a Branch.

Since our last issue, Cruse Branches have opened at:

WELLINGBOROUGH: Miss Jan Kershaw, 31 Ferrestone Road, Wellingborough, Northamptonshire.

IVEL: Mrs. Doris Turner, 15 Dells Lane, Biggleswade, Beds.

CLACTON-ON-SEA: Mrs. Sue East, 5 Samson's Close, Brightlingsea, Essex.

BRADFORD: Mrs. Audrey Stone, Cruse, The Link Centre, 7 Southbrook Terrace, Bradford BD7 1AG. West Yorkshire.

There are Steering Committees currently working at:

Bassetlaw, Chesterfield, Chelmsford, Croydon, Dartford, Dundee, East Lothian, Ellesmere Port, Hull, Leominster, Redditch, Rhondda, Rugby, Sandwell, Scunthorpe, S. Warwickshire and Thatcham.
(Bassetlaw and Chesterfield will open in March).

Cruse Director: Derek Nuttall

Training Officer: Nicholas Tyndall

Information Officer: Wendy Wilson

CRUSE ACADEMIC PAPERS

SUICIDE
Academic Paper No. 1 comprises a reprint of the article on *The Risk of Suicide following Bereavement* by Dr. C. Murray Parkes (originally published in **Bereavement Care,** Vol. 1, No. 1), together with A Review of the Literature on Bereavement following Suicide by Dr. S. Henley.

SUPERVISON
Academic Paper No. 2 is a reprint of the article on *Supervision and Consultant Care —Counselling the Counsellors* by Gill Parker, Family Therapist, from **Bereavement Care,** Vol. 1, No. 2.

BEREAVEMENT IN ISRAEL
Academic Paper No. 3 is an expanded version of the paper on *Bereavement in Israel from War, Holocaust & Terror,* given by Prof. Shamai Davidson to the 1983 Cruse Conference on Bereavement following Violence.

GROWTH THROUGH LOSS
A Junglan View of Loss
Academic Paper No. 4 is developed from an address given at a Cruse Annual Conference by Dr. Rosemary Gordon, Training Analyst at the Society of Analytical Psychology, London.

Cruse Academic Papers are available at £1.70 (plus 30p p & p) from Cruse House. Cruse publishes a range of helpful and supportive literature for the widowed and other bereaved people. Publication List available.

BEREAVEMENT CARE is published by Cruse for all counsellors and others who wish to deepen their understanding of bereavement. It is sold subject to the condition that it shall not be lent, re-sold, reproduced in part or in entirety, hired out or otherwise circulated without the publisher's consent.

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Back numbers available £1.10p each copy, plus 20p postage. Complete sets (issues 1 to 15) £15.00 plus 90p postage inland. Offprints of single articles available on request @ 20p + s.a.e.

SURVIVAL GUIDE FOR WIDOWS

Every day, 550 wives become widows. To help them build a new life, the **"SURVIVAL GUIDE FOR WIDOWS"** has been published by Age Concern England in association with Cruse and the National Association for Widows. Drawing on widows' experiences of losing a lifetime partner, the book helps its readers to come to terms with grief and to get through the practicalities of bereavement.

What to do if there's a will - and if there isn't; making the most of your money; how to claim benefits and the right tax; and appealing for your rights if treated wrongly by a government department are all included in the guide.

Moving house can be a crucial decision; "You may feel overwhelmed by the immensity of the task of maintaining and retaining your home. Many recently bereaved widows move and most regret the decision," says the guide. It outlines all the options, whether you rent or own your home.

Part three of the book is a wide-ranging directory of useful leaflets, books and organisations for further help and an index to contacts.

Intended mainly for older women (half of whom over 65 are widowed) The guide will also help their friends, families and advisers.

From Age Concern England, Marketing Dept. (B78), 60, Pitcairn Road, Mitcham, Surrey CR4 3LL. **£3.50** incl. p&p.

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